

# Gospel Grapevine

The newsletter of St. Alban's Episcopal Church, Edmonds, WA

September 2008

## Legacy Societies Catching on in Our Congregations

By Carl Knirk, Canon for Planned Giving/Stewardship/Evangelism, Diocese of Olympia  
*(Editor's note: This article is reproduced from the August 2008 FYI newsletter from the Diocese of Olympia. It provides information about legacy societies in our diocese. You will be soon seeing more information about the St. Alban's Legacy Society, so please watch for it!)*

Legacy Societies are a major component of building a planning giving community at the local church level. Anyone who has remembered their church with an estate gift qualifies. The most common method for legacy stewardship is to add a simple paragraph in your will that says a percentage, amount or the rest/residue after everyone else is taken care of will go to your church to fund future mission and ministry. It has nothing to do with how much money one has, because anyone can do this. It is about acting on your own values and your faith—your commitment to carry on God's work long after your death.

When people are asked why they've made a legacy gift, they often say, "Because I want to give back to God from all that God has given to me." After all, we can't take any of it with us. A wise priest in our diocese always says: "I've never seen a hearse with a U-Haul behind it." So, what do you want to offer for God's continuing work in your church home long after you are gone?

Legacy societies are a way to say thank you to members who have remembered the congregation for a legacy gift in their estate plans. Many churches are making a "Legacy Sunday" a regular part of the liturgical calendar. The date chosen should have thematic and theological relevance, and the worship service can include music, prayers, thanking and honoring those who qualify for the legacy society, perhaps a sermon on legacy stewardship, and other elements that give thanks for all those who have left a legacy society to the beloved congregation. Many churches hold a reception. Recommended Sundays for these celebrations include Rogation Sunday, All Saints Sunday, Memorial Sunday and special Sundays for which your church is named.

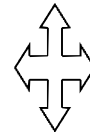
About 30 of the 100 congregations in the Diocese of Olympia (including St. Alban's!) have a legacy society in place or are moving toward starting one. The Bishop's Society was started in 1993 and has grown to over 1,250 members from 80 congregations, the largest diocesan recognition society in the Episcopal Church. To qualify, all one has to do is to tell the planned giving office that you've remembered an Episcopal church or ministry with a legacy gift.

Information is available from the diocese planned giving program along with training to help churches get started in forming their own legacy society (our Planned Giving Committee has used these resources). Everyone who joins the local society also becomes a member of the diocesan Bishop's Society and gets thanked by the diocese as well.

Carl Knirk can be contacted at [cknirk@ecww.org](mailto:cknirk@ecww.org) or 206-325-4200

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## St. Alban's Episcopal Church

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## Sunday Worship

8:00 a.m. Holy Communion, Rite I  
10:00 a.m. Nursery Open  
10:30 a.m. Sunday School  
10:30 a.m. Holy Communion, Rite II



## From the Rector's Study

### Lambeth Conference

*This year's Lambeth Conference, of bishops from throughout the worldwide Anglican Communion called together by the Archbishop of Canterbury, was about listening not legislating. Yes, we are still part of the Anglican Communion.*

*According to Professor Noel Q. King (who has trained many Anglican leaders) there is an African village tradition of meeting as a community under the shade of a baobab tree—where there is room for all.*

*Everybody who went to Lambeth showed their desire to meet together, stay together, and learn from each other—and preliminary reports indicate they did just that. Here is a message from our presiding bishop on what transpired at the conference:*

#### A message from our Presiding Bishop: Lambeth 2008

Many bishops came to this gathering in fear and trembling, expecting either a distasteful encounter between those of vastly different opinions, or the cold shoulder from those who disagree. The overwhelming reality has been just the opposite.

We have prayed, cried, learned, and laughed together, and discovered something deeper about the body of Christ. We know more of the deeply faithful ministry of those in vastly differing contexts, and we have heard repeatedly of the life and death matters confronting vast swaths of the Communion: hunger, disease, lack of education and employment, climate change, war and violence. We have remembered that together we may be the largest network on the planet - able to respond to those life and death issues if we tend to the links, connections, and bonds between us. We have not resolved the differences among us, but have seen the deep need to maintain relationships, even in the face of significant disagreement and discomfort. The Anglican Communion is suffering the birth pangs of something new, which none of us can yet fully appreciate or understand, yet we know that the Spirit continues to work in our midst. At the same time patience is being urged from many quarters, that all may more fully know the leading of the Spirit. God is faithful. May we be faithful as well. —*The Most Rev. Katharine Jefferts Schori, Presiding Bishop and Primate, The Episcopal Church.*

The statement is available on EpiScope <http://episcopalchurch.typepad.com/episcopope/> For complete coverage, be sure to check Episcopal Life Online <http://www.episcopalchurch.org/elife/>

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## An Invitation from Bishop Greg Rickel & Bishop Nedi Rivera

### The Bishops' Bash Dinner & Auction

Friday, October 3, 2008

The Museum of Flight at Boeing Field  
9404 East Marginal Way South

Doors open at 6:00 p.m.  
Dress: Festive Evening Attire

RSVP by September 23  
Tickets: \$125 per person

The Bishops' Bash is a dinner/auction event to raise funds for two diocese-wide campaigns: the One-for-One Malaria Net Challenge to provide nets and education for people in sub-Saharan Africa, and the We Will Stand With You campaign supporting St. Paul's Episcopal Church and School in New Orleans.

For more information, contact Heather Hodsdon at [hodsdon@fastmail.fm](mailto:hodsdon@fastmail.fm) or Carl Knirk at 206-325-4200, ext. 2016 or [cknirk@ecww.org](mailto:cknirk@ecww.org). Check the diocesan website, [www.ecww.org](http://www.ecww.org), for further details.

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# Vacation Bible School

*By Joyce Carver*

Vacation Bible School found 10 children led by their tribal leaders Meredith Bee, Emily Bee, Marshall Greenlaw, and John Bee exploring the streets of Old Jerusalem.

Each day the tribes of Ascher and Reuben met with their leaders then traveled around the marketplace to the various shops and to attend the Synagogue School under the tutelage of Rabbi Chuck Becker.

The children found shops where they could weave mats, make pottery, test herbs & spices and grind wheat, construct dreidels, weave baskets, make jewelry, and bake bread.

There was a lot of conversation about Jesus who was the new person in town.

Of course games led by the youth and tasty snacks provided by Connie Forsberg and Susie Nichols were a hit with the children.

Perfect weather blessed the time spent in Jerusalem and most activities took place in the play area! Thanks to Phil McClelland and John Bee two tents gave shade for the Synagogue School and shops.

Kudos and heartfelt thanks to Liz Bee and Shannon Duggan for their leadership in selecting this program and organizing all the materials to be used. Chris Greenlaw and Joyce Carver kept the shops.

It truly was a wonderful and fun adventure. The youth (Marshall, John, Meredith and Emily) contributed so much to the program and were loved by the children. They were fine role models.

There is excitement about expanding this program for the next VBS, but we'll need more help from you, the parishioners. Please consider lending a hand—just ask Phyllis Becker about the fun she had as an assistant shopkeeper!

Also, thanks to the moms for their faithful taxi service!



## Sharrow's Story Continues

My name is Jennifer Dynes and I understand that some members of your church have expressed curiosity as to where Sharrow, Lorrie Pruitt's service dog puppy, has been placed. I am happy to report that Sharrow was placed with my seven year old son, Daniel, last November. We love Sharrow very much and are very grateful to Lorrie and CCI for enabling Daniel to receive such a life-changing gift.

Daniel, who has a form of autism, uses Sharrow as a touchstone to help calm himself down when he feels overwhelming anxiety and a social bridge to help make friends with other kids. Daniel will enter second grade in the Fall. For much of his first-grade year, I brought Sharrow to Daniel's classroom and stayed for a few hours each day while Daniel participated in school activities with his dog by his side. All of the first grade kids loved Sharrow and were proud to have a dog as part of their classroom.

## Church of the Beloved

Opening worship to celebrate a new time and location:

Sunday, September 21, 2008  
5:00 p.m. — 6:30 p.m.

1212 Ninth Avenue North, Edmonds  
(near Caspers Street)

[www.belovedschurch.org](http://www.belovedschurch.org)

All Are Welcome!

*The following is another prayer composed by a participant of the Lenten Celtic study last Spring..*

## Shower Prayer—

I take this shower in the name of the Father, the Son and the Holy Spirit.

As the warmth of the water falls on my body, I feel the blessings of God wash over me.

As I wash my face, I pray that I would see what you would have me see and hear what you would have me hear. I pray also that this day my face would radiate with the love of God within me.

As I wash my arms and hands, I pray this day that they will do the work you would have me do.

As I wash my legs and my feet, I pray that I may walk your path and go where you would have me go.

As I am blessed to feel this warm, flowing water, I pray for all of those who labor for water and pray that they may receive wells to ease their burden.

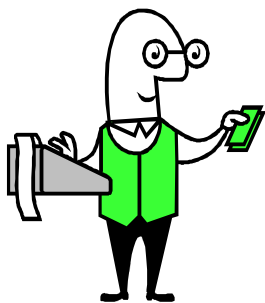
I pray also that I as I am blessed to have the benefit of fresh, running water, may I be a good steward of all of your resources.

As I leave this shower, clean and refreshed, I pray that the Father, Son and Holy Spirit will be with me throughout the day.



## St. Alban's Financial Update

*from Chris Greenlaw*



July monthly actual contributions were \$15,290 while the budgeted amount was \$14,207. This was a \$1,082 or 8% increase in contributions than we actually budgeted. July actual expenses were \$14,917 and the budgeted amount was \$15,667. This represents a difference of a \$749 or 5% less expenditure than we anticipated. Actual net contributions over expenses were \$372 for July.

Year to date, actual contributions totaled \$105,965 and the budgeted amount was \$102,176. This represents \$3,789 or 4% more in contributions than we anticipated as of the end of July. Actual expenditure was \$108,987 and the budgeted amount was \$104,505 which means that we are currently \$4,482 or 4% over our budgeted amount of expenses. Overall, actual net contributions minus expenses were -\$3,022.

Thank you for your continuous support for our church.

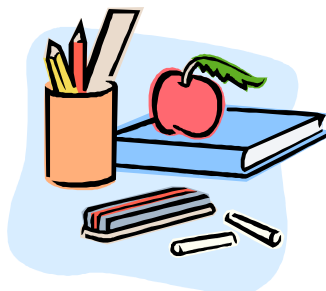
## Bits & Pieces—

### ▼ *Hands On Ministry*

Help distribute food at North Helpline Food Bank—  
Saturday, September 27th, 8:30 a.m. to 12:30 p.m.  
12707 30th Ave NE in Seattle.

Save this date for the next opportunity to help at the Food Bank. Contact Maryellen Young, 425-776-2461 or [maryelleny@comcast.net](mailto:maryelleny@comcast.net) for more information. A signup sheet will be available in the Narthex.

If you're not able to make this date, the next opportunity will be Saturday, November 22nd. This will be the third year that we have participated on the Saturday before Thanksgiving. It's a fun day to volunteer because there is lots of food to distribute and everyone is in a holiday spirit.



### ▼ *Compass Center Picnic*

Thanks to everyone who donated food following the picnic for the Hands On Compass Center picnic. Your donations were gratefully received by the residents of the Compass Center. Members of the Hands On Committee grilled hot dogs from our leftover supplies as well as offered a wide variety of salads and desserts. We augmented the offerings from our members with some specially purchased chicken and baked beans. A special thanks to the Forsbergs who donated all of the left over hot dogs, buns and condiments.

Our next Compass Center Dinner will be October 19th. Watch the next Grapevine and bulletin for opportunities to participate. Dan Mullene, our chef extraordinaire, is working on an October Fest type of menu. Financial donations are always gratefully received to help with the purchase of ingredients. If you would like to make a financial donation, just write on your check's memo line "Hands On" and place it in the collection plate.

### ▼ *Donations for School Supplies*

Sleep Country USA hosts its Foster Kids School Supplies Drive through Sept. 14th. If you would like to participate, just bring your donations to church and put them in the designated box. The Hands On Committee will ensure that the donations are delivered to a Sleep Country store. Please bring any of the following items no later than September 14th. Below is a partial list. The full list is available in the Narthex.

#### School Supply Suggestions:

- #2 Pencils
- Blue or Black Pens
- Crayons
- Markers
- Highlighters
- 1, 2, and 3 inch Binders
- Packs of dividers
- Wide rule or College ruled Paper
- Spiral notebooks

### ▼ *Mission Trip to New Orleans*

A new mission trip to New Orleans is set for October 5-12, 2008. Lodging will be in the Homecoming Center dormitory at St. Paul's, our "We Will Stand With You" partner. Cost of \$200 will cover most meals and vans for transport while there. Volunteer work is organized by the Diocese of Louisiana. Flights to New Orleans are arranged and paid for each participant. For more details, contact Carl Knirk at [cknirk@ecww.org](mailto:cknirk@ecww.org) or Kathy Hamilton at [khamilton@ecww.org](mailto:khamilton@ecww.org).

### Forward Day by Day



There are several copies of the August-September-October Day by Day (both large and small print) still available in the narthex.



## Episcopal Church Women (ECW)

*from Connie Forsberg, President*

During the summer, ECW ladies spent time helping with the vacation bible school and the church picnic.

The next ECW dinner will be September 15th at 6:30 p.m. Bring your favorite potluck salad, desserts and breads. We will be asking you to share your wonderful summer vacation stories and pictures. Let's see who went the farthest and has the funniest story to tell. We always look forward to hearing about Claudia Walker's and Susan Hanson's vacations. This year Sarah Leech will be able to tell us about her family reunion!

As always, help us fill our food baskets and donate a carry bag if you'd like to help the needy. Edmonds Food Bank really relies on our donations as food prices increase.

All women are welcome to join us, friends, sisters, neighbors and special pets! Hope you've all had a wonderful summer.

### *Birthdays*



- 9/6 Barbara Lagozzino
- 9/9 Elizabeth Eknes
- 9/26 Marjorie Garrard
- 10/3 Reilly Mannery
- 10/8 Mary Fowler
- 10/11 Mary Minor
- 10/13 Maryellen Young
- 10/16 Kären Ford
- 10/31 Judy Fleenor

## 2008-2009 Sunday School Curriculum

*by Joyce Carver*

Episcopal Children's Curriculum has been chosen for the program of this Sunday School year and will continue for three years. It is designed to follow the narrative of Bible stories in ways understood by young learners, while incorporating Episcopal customs and practices. There is a connection to the liturgical church year in units that feature special attention to feast days.

This year's classes will be divided into Pre-school/Kindergarten, Primary (1st — 3rd grades), and Intermediate (4th – 5th grades.)

Our loyal and dedicated teachers are Kati Johnson, Shannon Duggan, Chris Greenlaw, Barbara McLain, Jeannie Wells, John Greenlaw, and Joyce Carver. Again the youth will be under Ben Johnson's able leadership.

Pray for the children, their families & the education team.

## "Susan and God"

**Taproot Theatre, Seattle  
Senior Matinee, October 1, at 2:00 p.m.**

The promo reads, "She's bright, charming, intelligent and at the center of the gossipy, fun social set lazing their summers away in the Hamptons. And now, darling, she's found God. Or at least her version of him. Susan's newest fad becomes everyone else's newest headache until Susan receives a startling revelation of her own. This witty social comedy wowed New York with a 2006 off-Broadway revival of the 1930s play."

The group discount price is \$16 each. We have reserved 20 tickets and need your reservation and payment by mid-September. A carpool will leave from St. Alban's. If you would like to join us for this fun outing, please contact Shirley Wilson at 206-542-2044 or Connie Forsberg at 425-774-4571 for tickets. Everyone is welcome.



## Nursery Room Volunteer Needed:

Because Shannon Duggan will be co-teaching the pre-school/kindergarten class we need someone to cover the nursery from 10:15 a.m. to the time we're called into the service for Eucharist. The children involved would be under 2 years of age. If you find a calling to this ministry, please contact Shannon at 425-640-9017 or Joyce Carver at 425-640-9164 for details.

## A Touch of Inner Healing— *Fish Out of Water*

from Shirley Wilson

“I feel like a fish out of water! Things are happening around me and I don’t know why.” This query came from Ashley (not her real name) when she came for Inner Healing Prayer that warm summer day. She explained that she had a history of coworkers not liking her and she could never figure out what she had done wrong to prompt such a response from them. As a result she felt no peace and suffered with bouts of depression.

While discussing her childhood we found out that Ashley had an older brother who was very mean to her, beating up on her every chance he got. His behavior appeared to be condoned by her parents when her father bought them both boxing gloves at the church rummage sale! Ashley being the youngest and small for her age, was not an even match for her brother. Even though the gloves were padded and not supposed to hurt, she often came out of their boxing matches bruised and battered.

Once when her brother had broken an ashtray, he blamed his sister. Their babysitter believed him instead of her, so Ashley took the punishment for it. No matter how hard she tried to be good, she always felt like she didn’t rate and was left feeling unprotected. She wanted to know, “Why do people hate me?” Even as an adult, Ashley said that she had no peace and no clear vision of her future. Her question, “Why do I feel like a fish out of water?” was a good one. It was time to go to prayer and find out what the Lord had to say about this dilemma.



The first thing the Lord did was to give the little abused child a voice. He encouraged her to speak to her brother from her child heart (through Jesus in prayer) and tell him how she felt about the treatment she had received at his hands. With Jesus there she was not afraid to stand up to her brother and say, “You are a liar!” She then, in the spirit saw herself like David in the Bible standing bravely up to and defeating Goliath. She knew there would be victory because the Lord was on her side. She was standing up for truth and justice.

The Lord then showed Ashley that she did not feel fulfilled because she believed the lies of the enemy: that she “didn’t rate, no one cared, and she was unloved.” So after the lies were identified and renounced, we asked for God’s truth to be revealed. The Lord then told her that she was like Joseph who lived in the shadow of older brothers who were jealous and wanted to destroy him. But God had a better plan. The whole family ended up coming to Joseph’s table, where his true identity was revealed. Like Joseph, Ashley had been living in a spiritual dungeon, but she was now being invited to His banquet table where her true identity would be revealed. She would no longer be in the background, but like Joseph, she would be the star!

*For more information about Inner Healing Prayer, please call Shirley Wilson 206-542-2944*

## Prayers for the Church

O God of unchangeable power and eternal light: Look favorably on your whole Church, that wonderful and sacred mystery; by the effectual working of your providence, carry out in tranquility the plan of salvation; let the whole world see and know that things which were cast down are being raised up, and things which had grown old are being made new, and that all things are being brought to their perfection by him through whom all things were made, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. Amen. (BCP 1979)

O Lord, we beseech thee, let thy continual pity cleanse and defend thy Church; and, because it cannot continue in safety without thy succour, preserve it evermore by thy help and goodness; through Jesus Christ our Lord. Amen. (BCP 1662)

## Book Club Ready to Read

Excitement surrounds the number of people who have expressed an interest in forming a book club at St. Alban’s. Watch for a flyer in September providing more information and a questionnaire seeking input from those interested. The responses to this questionnaire will help with the planning.

The first meeting for the book club will be October 1 at 10 a.m. at church. If you’re interested in the book club, please come to this planning & organizational meeting. If you’re not able to attend, there will still be opportunities to participate. Why not start off by coming to the 9 a.m. Healing Service before the meeting.

## Annual Parish Worship & Picnic in the Park

The sun was shining, and the food was delish! Thanks go to our musicians and sound man, to the Altar Guild, Evie Arneson & Al Walker. A very special thank-you goes to Jim Nichols and Lee Forsberg who did the setup, cooking, cleanup and made sure we were all taken care of. They were at the park at 6:45 in the morning, just to make sure we were able to hold the tables and picnic area. **THANK YOU GUYS!**



## Do You Have an Hour?

Well then, we have JUST the thing for you! Joyce Carver, our Sunday School Director, would like members of our congregation to spend just one Sunday as a helper in the Sunday School.

All you have to do is arrive early to help greet the children as they arrive, observe and participate in the initial gathering as the children sing and give prayer requests, and then help with the craft time. You'll be through in time to take communion. The benefit is that you will meet our children and they will meet you. Help us show our children how important they are to us and show our Sunday School teachers that we appreciate all they do to lead our children.

If you are willing to help, there will be a calendar to sign up for the Sunday of your choice or contact Maryellen Young. Sign with your name, telephone number and email address, if you have one. You will be reminded the week before that it's your Sunday. If you already know which Sunday you want to volunteer, just let Maryellen know. Also, donations of treats are also welcome. You can sign up to provide treats for one or more Sundays. Maryellen Young, 425-776-2461, maryelleny@comcast.net

## Pilgrimage to Ireland, Scotland June 24-July 8, 2009

Led by the Rev. Carla Pryne and Tom Cashman, the itinerary of this pilgrimage will include Iona, Lindisfarne, Edinburgh, Tralee, Kildare, Dublin, Newgrange and Glendalough. This is believed to be the first Celtic pilgrimage that connects the emerging church communities of today with the sites, the spirituality and the ethos of historic Celtic monastic communities — which were the emerging church of their own era.

The group will visit a variety of emerging church communities, including more mature communities such as those of Iona and Lindisfarne.

For a complete brochure and details, contact Tom at 253-709-8414 or [tomcashman@aol.com](mailto:tomcashman@aol.com).

## The Lessons Appointed for:

<u>September 7</u>	<u>September 14</u>	<u>September 21</u>	<u>September 28</u>
Exodus 12:1-14	Exodus 14:19-31	Exodus 16:2-15	Exodus 17:1-7
Psalms 149	Exodus 15:1b-11, 20-21	Psalms 105:1-6, 37-45	Psalms 78:1-4, 12-16
Romans 13:8-14	Romans 14:1-12	Philippians 1:21-30	Philippians 2:1-13
Matthew 18:15-20	Matthew 18:21-35	Matthew 20:1-16	Matthew 21:23-32

### St. Alban's Vestry

**Carrie Cone**, *Rector's Warden*  
**Phil McClelland**, *People's Warden*  
 Phyllis Becker  
 John Bee  
 John Greenlaw  
 Barbara McLain  
 Reilly Mannery  
 Erin Munday  
 Susie Nichols  
 Gaylord Sisk  
 Jeannie Wells  
 Shirley Wilson  
 Darla Lane, *Clerk*  
 Chris Greenlaw, *Treasurer*



### Staff

The Rev. John R. Leech, *Rector*  
 Doris Eaker, *Parish Secretary*  
 JoAn Andenes,  
*Music Director & Organist*  
 Shannon Duggan, *Nursery Director*  
 Joyce Carver, *Director of Children  
& Youth Education*  
 Ben Johnson, *Youth Leader*  
 Nancy Boor, *Editor, The Grapevine*

### Office Hours

Monday & Wednesday  
 8:00 a.m.—5:00 p.m.  
 Tuesday & Thursday  
 8:00 a.m.—4:00 p.m.

The rector is in on Tuesdays, Wednesdays, and Thursdays.

### Grapevine Newsletter Articles for the

#### October 2008 Issue:

Due September 15

Whenever possible, please send articles for the next issue via email to Nancy Boor at [nancykitty@comcast.net](mailto:nancykitty@comcast.net). Send email messages, pictures, photos and Word and Publisher documents only. Be sure they have a .doc or .pub extension on the file for text files. Or, you may place items in the plastic holder marked "Grapevine" on the wall in the Narthex.

All articles and announcements are subject to editing for brevity, space and content and require name and contact number.



## Calendar—September 2008

<u>Day</u>	<u>Date</u>	<u>Event</u>
Wednesday	9/3	Prayer Beads @ 7:15 p.m.
Sunday	9/7	Sunday School Resumes @ 10:30 a.m.
Thursday	9/11	Vestry Mtg @ 7:00 p.m.
Saturday	9/27	North Helpline Food Bank @ 8:30 a.m.
Wednesday	10/8	Hands On Committee Mtg @ Barb Lagazzino's Home

### Recurring Events:

Boy Scouts:  
Mondays at 7:00 p.m.  
at St. Alban's

Men's Bible Study:  
Tuesdays @ 7:00 p.m.

Holy Eucharist:  
Wednesday's @ 9:00 a.m.

Annie's Kitchen:  
Wednesdays at 5-6:30 p.m.  
at Edmonds Lutheran Church

### **Giggle Box:**

*After the service a young couple talked to the priest about joining the church. The priest hadn't met the husband before and asked what church he was transferring from. After a short hesitation, the husband replied, "I am transferring from the Municipal Golf Course."*



St. Alban's Episcopal Church  
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Edmonds, Washington 98026

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